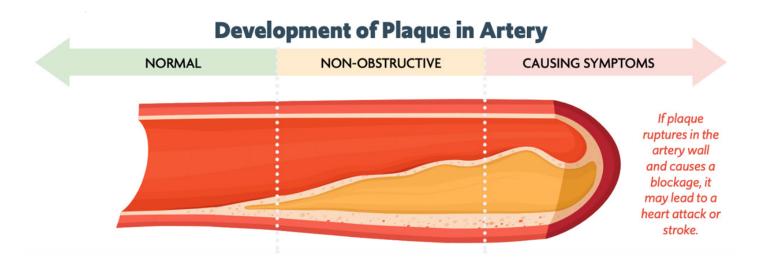
### What is ezetimibe?

Several medications can help lower low-density lipoprotein cholesterol (LDL-C). The most commonly prescribed medications are statins. When patients have very high levels of LDL-C, or have atherosclerotic cardiovascular disease, they may need additional medications to help further lower their LDL-C. This is when ezetimibe may be prescribed. It is a prescription medication that works in your gut to help block absorption of cholesterol from your diet.

### Why should you lower LDL cholesterol (LDL-C)?

Elevated levels of LDL-C are a risk factor for developing heart disease. LDL-C can accumulate in the walls of the arteries and create atherosclerosis (plague), which may result in a heart attack or stroke.



#### How is ezetimibe taken?

Ezetimibe is a prescription medication that comes as a pill, taken once a day with or without food. Ezetimibe can be taken at the same time as most other medications

# Which patients might take ezetimibe?

- 1. Patients who can't take statins due to side effects or other reasons.
- 2. Patients who are taking a statin, but need to lower their LDL-C more.

Adding ezetimibe to statin therapy has been shown to reduce LDL-C, arterial plaque, and cardiovascular events in research studies. Typically, ezetimibe lowers LDL-C by an additional 15-20% beyond statin therapy.

## What to expect when starting ezetimibe?

Ezetimibe has few side effects. Your healthcare provider may order blood work before starting ezetimibe and will ask you to repeat these in a few months to monitor your blood levels of cholesterol.