Newborn Baby Feeding Diary

Reminder: Newborns breastfeed generally 8-12 times in 24 hours for a minimum of 10-15 minutes per side. Newborn babies also generally make 5-6 wet diapers in 24hours.

Date	Breast-feeding	Right Breast	Left Breast	Urine (color)	Stool (color)	Supplemental Feed Method	Breast Milk (amt)	Formula (amt)	Pumping		Other
									Mins	Amt	
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
Totals											

Date	Breast-feeding	Right Breast	Left Breast	Urine (color)	Stool (color)	Supplemental Feed Method	Breast Milk (amt)	Formula (amt)	Pumping		Other
									Mins	Amt	
1											
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