

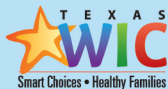


late preterm Infant Care

Discharge Plan:

- Make an appointment with your pediatrician within 24-48 hours after discharge.
- Your baby should be weighed every week until the original due date.
- Continue pumping for ___minutes after feedings until your baby no longer needs to be supplemented and is feeding well at the breast.
- If you have any concerns please contact _____ for breastfeeding help.

Additional Information



Babies that are born early need a little extra help in the first few weeks to stay warm and get plenty to eat.



Ask your nurse or Lactation Consultant to complete this plan for your little one.

To keep baby warm:

- Keep baby's hat on at all times.
- You or other family members should hold baby skin to skin.
- When not holding skin to skin, swaddle baby in dry blankets.

Feeding Plan:

- Watch baby for early signs of hunger and feed on demand.
- Use a nipple shield if your baby has trouble staying on the breast.
- Feeding should be evaluated by staff to ensure baby is feeding well.
- Wake your baby to feed if it has been longer than three hours between feedings.
- Pump after baby nurses for ___ minutes to create an adequate supply.
- Use your pumped breastmilk to supplement with ___ml every ___ hrs.
- Supplement by using: ___syringe ___cup/spoon ___bottle ___SNS ___other
- Please do not use pacifiers because it may make it more difficult to read signs that your baby is hungry.

