

Helpful Learning Activities for Toddlers 16-20 Months Old

Focus on: *Gross Motor Development*

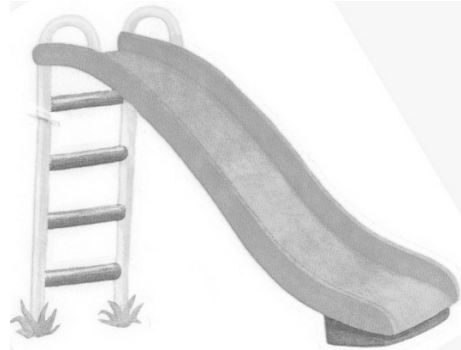


Improving Balance while Walking.

Pull toys can encourage your toddler to walk more and maintain balance while doing so. A favorite pull toy often is a small wagon or an old purse for collecting things and storing favorite items.

Park Time.

Toddlers love movement. Take your toddler to the park to ride on rocking toys, swings, and small slides. You may want to hold your toddler in your lap on the swing and on the slide at first.



Play Ball.



Many games appropriate for your toddler involve balls. Use a beach ball to roll, throw, and kick.

Use boxes or buckets for your toddler to throw beanbags or balls into. Practice overhand release of the ball or beanbag.