



empowher

Patient Name: _____

Date of Birth: _____

Please list any complications you experienced during any pregnancy or delivery.

Social History: Please complete all fields that apply.

Do you use tobacco? Y or N

If not currently, any history of tobacco use? Y or N

- Cigarettes- # pack per day _____
- Chew- _____/day
- Cigars- _____/day
- # of years? _____ (or year quit? _____)

Do you drink caffeine? Y or N

How many cups/cans per day? _____

Do you exercise? Y or N

If yes, how many days/week? _____

What intensity? Light Moderate
Strenuous

Do you drink alcohol? Y or N

If so, how often?

- Occasionally/socially
- <3 times per week
- >3 times per week

of drinks per week? _____

Level of education? _____

Occupation? _____

Marital status? _____

Religion? _____

Do you currently use recreational or street drugs? Y or N

If yes, please list _____

Family History: Please note any relatives with any of the below health conditions.

	Relative?	Onset Age?	Living or deceased?	Additional relatives?
Arthritis	_____	_____	_____	_____
Birth defects	_____	_____	_____	_____
Bipolar disorder	_____	_____	_____	_____
Breast cancer	_____	_____	_____	_____
Colon cancer	_____	_____	_____	_____
Depression	_____	_____	_____	_____
Diabetes	_____	_____	_____	_____
DVT/PE	_____	_____	_____	_____
Epilepsy	_____	_____	_____	_____
Heart disease	_____	_____	_____	_____
High cholesterol	_____	_____	_____	_____
Osteoporosis	_____	_____	_____	_____
Ovarian cancer	_____	_____	_____	_____
Pancreatic cancer	_____	_____	_____	_____
Stroke	_____	_____	_____	_____
Substance abuse	_____	_____	_____	_____
Thyroid disease	_____	_____	_____	_____
Other:	_____	_____	_____	_____



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Medications: Please list all medications you are currently taking, including OTC meds, vitamins, and supplements. If you need more space, please continue on back of page.

MEDICATION NAME:	DOSE:	FREQUENCY:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Allergies: Please list all things you are allergic to (medications, environmental, foods, etc)

ALLERGY:	REACTION:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please note any other information you would like your health care provider to know here.

Patient, Parent, Caregiver, or Guardian Signature

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