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PUCILLO FAMILY PRACTICE P.A.



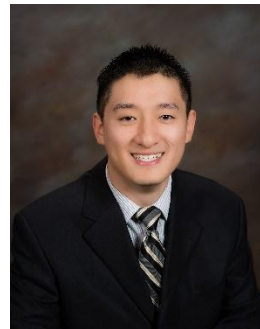
WELLNESS CENTER

Family Medicine & Bariatrics

PFP May 2022: COVID updates, COVID Questions, National Stroke Month



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Fun fact:

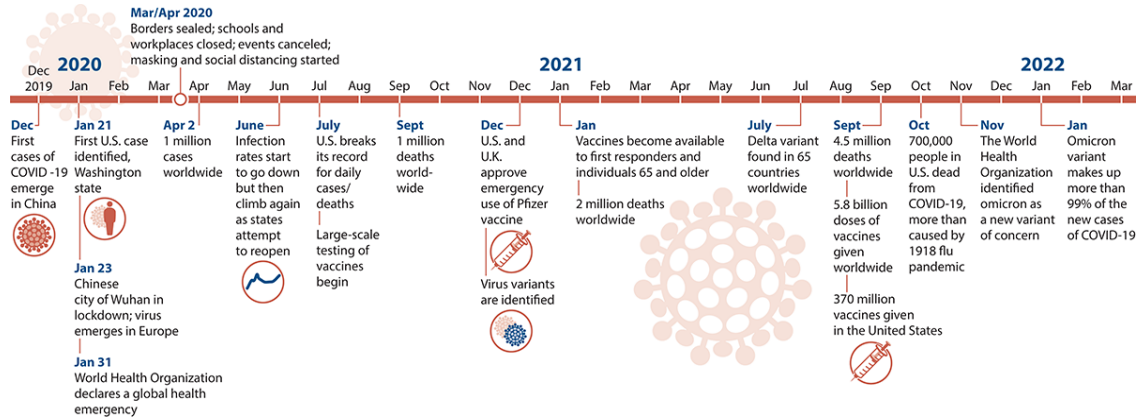
Blue jeans were officially invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants.

May 2022 newsletter:

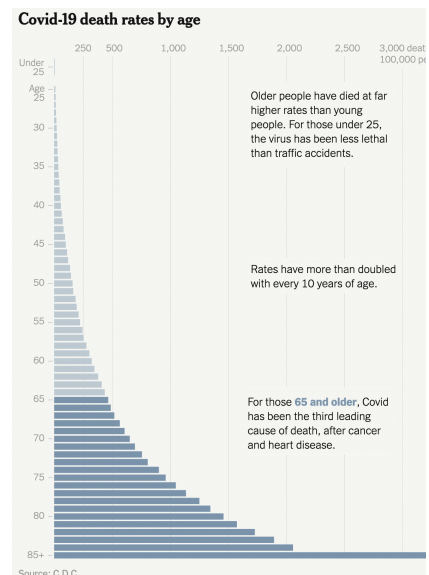
- COVID Updates
- COVID Questions and Answers
- National Stroke Month

COVID in Review

In memories of those that passed 



- On May 4th, United States reached 1 million COVID related deaths.
- In the past 2 years, we have seen the evolution of COVID, vaccinations and treatments.



COVID vaccine for kids

- On May 23, FDA approved the use of Pfizer COVID-19 **booster for administration to individuals 5 through 11 years of age at least five months after completion of a primary series with the Pfizer-BioNTech.**
- Studies have shown immunity in kids waned rapidly against Omicron variants, falling as much as from 68% to about 12% against infection. Though the 2 dose vaccine continues to provide protection against severe illness.



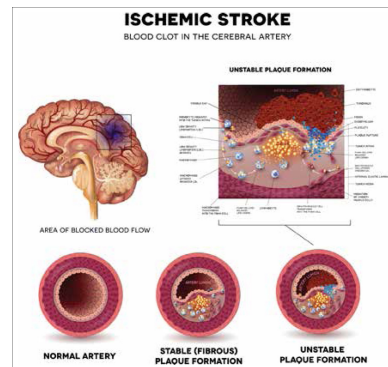
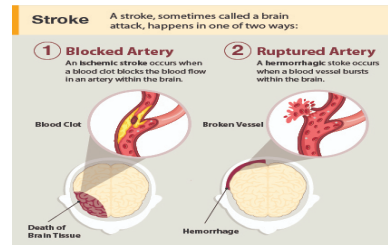
COVID Questions and Answers

1. Can I mix and match my COVID booster? Yes, boosters that can be used are Pfizer and Moderna.
2. Does COVID Booster Prevent me from getting COVID? No. It will decrease the likelihood of getting COVID and lessen the severity of symptoms
3. I tested positive for COVID, how long do I have to quarantine for? At least 5 days; continue quarantine if symptoms continue
4. I tested positive for COVID, how soon can I start the COVID medications? Paxlovid and Molnupiravir are recommended to be used within 5 days of symptoms.
5. If I had COVID, do I still need to get a booster? Depends on the individual. Having COVID can provide natural immunity for 90-160 days. It is ok to receive booster vaccines if desired during this time or after.
6. I was in close contact with my coworker who tested positive for COVID. What should I do?
**If fully vaccinated and fully boosted - No action needed
**If COVID positive in the past 90 days - No action needed
**If fully vaccinated but not fully boosted - quarantine for 5 days, take precautions for 0 days
7. Can I take my COVID vaccine/booster with other vaccines? Yes.

May is Stroke Awareness Month

What is a stroke?

- Stroke is when a portion of the brain becomes damaged.. There are 2 types of stroke:
 1. hemorrhagic - blood vessel in the brain breaks
 2. ischemic - blocks blood supply to part of the brain
- Risk factors include
 - high blood pressure, high cholesterol, diabetes, heart disease, tobacco usage, birth control



What are the Clinical presentations?

- Neurological changes include
 - changes in balance, vision, speech
 - weakness in facial muscle, arm/leg
 - Balance
 - Eyes
 - Face
 - Arms
 - Speech
 - Time - call 911



What are treatments?

- Ischemic stroke → tPA (breaks up clots). Time is crucial. tPA is given within 3 hours of symptom onset
- Hemorrhagic stroke → Surgery

We thank you for allowing us to be part of your family in 2022. Please feel free to contact us if you have any questions.

Sincerely,
Staff at Pucillo Family Practice