

## Diphenhydramine (Benadryl)

For use in infants over 9 months of age, consult MD prior to use in any infant less than 9 months old.

Give one dose every 6 hours as needed. For upper respiratory infections, one dose before bedtime is often enough for symptomatic relief.

Weight	Children's oral suspension 12.5mg/5ml	Chewable tablets 12.5mg	Swallow tablets 25mg
10 to 14 lbs	½ tsp or 2.5ml		
15 to 19 lbs	¾ tsp or 3.75ml		
20 to 29 lbs	1 tsp or 5ml	1 tab	
30 to 34 lbs	1 ¼ tsp or 6.25 ml		
35 to 39 lbs	1 ½ tsp or 7.5 ml	1 ½ tab	
40 to 44 lbs	1 ¾ tsp or 8.75 ml		
45 to 49 lbs	2 tsp or 10 ml	2 tabs	1 tab
50 to 54 lbs	2 ¼ tsp or 11.25ml		
55 to 59 lbs	2 ½ tsp or 12.5 ml	2 ½ tabs	
60 to 64 lbs	2 ¾ tsp or 13.75 ml		
64 to 69 lbs	3 tsp or 15ml	3 tabs	1 ½ tabs
70 to 79 lbs	3 ¼ tsp or 16.25ml		
80 to 84 lbs	3 ½ tsp or 17.5 ml		
84 to 89 lbs	3 ¾ tsp		
Over 90 lbs	4 tsp	4 tabs	2 tabs