



# The Neurology Clinic of Washington

*General Neurology, Neuromuscular diseases, Movement disorders, Headache,  
Sleep Disorders, Electromyography, Botulinum Toxin injections*

**Nirjal K. Nikhar, MD, FRCP**

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Dear Patients,

Welcome to the Neurology Clinic of Washington. We will do our best to help you with your Neurological conditions and concerns, and appreciate your confidence in allowing us to do this.

In this rapidly changing medical environment, we recognize several obstacles to delivering timely and appropriate medical care. At The Neurology Clinic of Washington, we want you to be active in your care, as this will help expedite any delays to appointments, tests and treatment that may be recommended.

In order to overcome long waits for an appointment, both for New visits and Existing patients, your appointments may be made with any member of our team, and you may be seen by our Nurse Practitioner (NP) or the Physician assistant (PA). Our **NP** and **PAs** are very experienced in diagnosing and treating Neurological disorders, work together with Dr. Nikhar, and 100% of their professional time is spent in treating Neurological conditions. They will be able to take a detailed history and conduct a thorough examination, and initiate the appropriate tests and treatment. Every patient in the practice is discussed with Dr. Nikhar and all New Patients will be seen by Dr. Nikhar at subsequent visits.

In order to expedite the delays to tests and initiation of treatment, which is in great majority of cases due to superabundant preconditions for paperwork from Health insurances, we may ask you to call your health insurance for fulfillment of paperwork requirement. The paperwork demanded often are for pre authorization requests for your tests and treatments, for both new and ongoing treatments, documentations of records, review of records and denials. While this may help their paperwork, it does not help patient care in any way, and is a major hurdle in medical care today. While some of the requirement such as medical records can be provided only by the office, there are other items which you will easily be able to provide.

While this does require extra work from you, we are hopeful your active participation will help move the process quickly and reduce delays.

We encourage you to communicate with us for your concerns through the patient portal. This will bypass long waits on phone calls, and may be sent directly to the staff and providers.

Sincerely yours

Nirjal Nikhar, MD, FRCP

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