



**Your procedure is scheduled for:**

Date \_\_\_\_\_ Time \_\_\_\_\_ Please arrive at \_\_\_\_\_

Your surgeon will be:  Dr. Hauck  Dr. Bianchi  Dr. Asher  Dr. Driscoll  Dr. Nottingham

Your procedure will be at:

Holy Cross  Musgrove ENT ASC (Suite 201)  Suburban Hospital  Surgery Center of MD

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**What you need to do in the next few weeks:**

- Have a history and physical completed with your primary doctor within  7  14  21  30 days prior to your scheduled surgery date. Please use the enclosed form.
- Dr. \_\_\_\_\_ will do AM of surgery.
- Complete the following diagnostic tests within  7  14  21  30 days prior to surgery date.  None needed.
- CBC  H/H  PT/PTT  Bleeding time  HCG  EKG  CXR  other \_\_\_\_\_
  - \* You may have these done at your primary care physician's office, a lab approved by your insurance or at the hospital.
  - \* The test results must be faxed to the facility where you are having your surgery AT LEAST 24 hours before surgery. FAX# \_\_\_\_\_
- DO NOT TAKE ANY MEDICATIONS CONTAINING ASPIRIN OR IBUPROFEN (ADVIL®, MOTRIN® OR SIMILAR PRODUCTS) WITHOUT YOUR SURGEON'S PERMISSION FOR TWO WEEKS BEFORE YOUR SURGERY.**

**If you are taking aspirin for a heart condition please discuss this with your doctor.**

- DO NOT TAKE VITAMIN E SUPPLEMENTS FOR TWO (2) WEEKS PRIOR TO SURGERY.**
  - DO NOT TAKE ANY HERBAL SUPPLEMENTS FOR TWO (2) WEEKS PRIOR TO SURGERY.**
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**What you need to do for the day of your surgery:**

- DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER) AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY.**
- Do not drink alcohol for 24 hours prior to surgery.
- Your usual medications will be reviewed by a nurse during your pre-op phone call. Diuretics and diabetes medication may need to be adjusted for surgery. Discuss these with your doctor and surgical facility nurse.
- If you use inhalers for asthma, emphysema, or bronchitis, BRING THEM WITH YOU.
- Wear glasses rather than contact lenses.
- Wear comfortable, loose fitting clothing.
- Do not wear make-up, nail polish or jewelry.
- Do not bring any valuables with you.
- You MUST have a responsible adult to take you home and help out the day of surgery.**
- You will spend the night in the hospital after your surgery.**