



RESTORE™
PELVIC FLOOR THERAPY

At Premier Urogynecology, we now offer our patients to take part in our RESTORE™ program. We recognize after childbirth, pelvic-perineal dysfunctions are common. Following childbirth, pelvic floor muscles are often stretched and even damaged. We have created a program to help restore our patients to their active lifestyles in a spa-like atmosphere.

premierurogyn.com
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PREMIER UROGYN OF NORTH TEXAS

What is pelvic floor dysfunction?

Pelvic floor dysfunction is a term to describe multiple disorders that occur when the pelvic floor muscles and ligaments are impaired. This includes urinary incontinence, pelvic pain, pain with sex, prolapse, and pelvic pressure. Pelvic floor dysfunction occurs commonly after childbirth.

RESTORE™ PROGRAM

With our RESTORE™ program, we offer complete evaluation by our physicians who are trained to treat all types of pelvic floor dysfunction. Following your evaluation, we offer a comprehensive and individualized program to restore your active lifestyle. Depending on your evaluation, we offer pelvic floor physical therapy with biofeedback as well as other surgical and non-surgical options.

According to the American Urogynecological Society, pelvic floor rehabilitation therapy, including pelvic floor stimulation and biofeedback guided pelvic floor exercise, used alone or in combination, are proven methods used to treat symptoms of urinary incontinence and pelvic floor dysfunction.

CALL TODAY TO RESTORE YOUR LIFE!



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